

Sheila Poole 10km Race
Official Registration Form
July 17th, 2010

REGISTRATION BY MAIL ONLY!!

Please make all cheques payable to:

The Sheila Poole 10K Race
PO Box 565, Yarmouth, NS
B5A 4B6

Registration Fees

Run Nova Scotia member	\$20.00
3 rd , 4 th , etc. RNS family member (must live at the same address)	\$8.00
Non-member	\$25.00
3 rd , 4 th , etc. family member	\$10.00

LATE REGISTRATIONS:

Race day registrations will be accepted,
however, ALL RUNNERS will be charged an
additional late fee of \$10.00 per runner.

Please Complete

Race Registration	\$ _____
TOTAL	\$ _____

Sorry, No Refund on Registration Fees!

For Office Use Only

Amount Received	\$ _____
Date Received	_____

Official Entry Form

Run NS #: _____ Gender: Male Female

Name: _____

Address: _____

Postal Code: _____

Birth Date: _____

Age on July 17, 2010: _____

Email Address: _____

Resident of Yarmouth:

Resident of Yarmouth County:

Check here if this is your first 10K race:

Run Nova Scotia Member who enters the incorrect member number cannot be guaranteed series points.

I, for myself, my executors, administration and assigns to hereby release and discharge all sponsors and the race officials for any claims, damages, actions, and anything in any matter rising from my participation in the 2010 Sheila Poole Race for the 1761 Cup.

Date _____ Signature _____

* Children under the age of 12 must be accompanied by an adult on the race course.

* All entrants under the age of 18 must have the signature of a parent or guardian.

Signature _____